

BONUS EGO NOTES

QUESTIONS TO ASK IN THE RECORDS

How are you?
What are you struggling with?
What do you think about?
How do you feel about? Why do you feel that way? What are you scared of?
I'm fearful of how are you influencing this fear? How can we overcome this fear together?
What is something you are afraid to share with me and why are you nervous to share it with me?
How would you like to evolve?
What is something fun you would like to do today and why?



How can I support you today?

How would you like our relationship to evolve?